

**JAWAHAR NAVODAYA VIDYALAYA, BIRKHADI, RAUN DISTT. BHIND (M.P.)**

**MESS MENU FOR THE MONTH OF JANUARY - 2018**

DAY	BREAKFAST	LUNCH	SNACKS	DINNER
MONDAY	POHA, TEA & JALEBI	GR. VEG., DAL FRY, RICE, ROTI, FR. GR. CHILLY	FRUIT (BANANA & APPLE)	PEAS VEG., DAL FRY, RICE, ROTI, SWEET MILK
TUESDAY	HALWA, CHANA AND TEA	GR. VEG., DAL FRY, RICE, ROTI, SALAD	SWEET BISCUIT/SALTY BISCUIT	SOYABARI VEG., DAL FRY, RICE, ROTI, SWEET MILK
WEDNESDAY	POHA, TEA	ALOO KA BHARTA/PALAK/METHI LEAFS VEG., DAL FRY, RICE, ROTI, GREEN CHATNI	GUZIA	CHHOLE, DAL FRY, RICE, ROTI, SWEET MILK
THURSDAY	PURI & SUBZI AND TEA	KADI/M/THA KE ALOO RICE, ROTI, FRYED CHILLI	RASGULLA / JHENA	RAJMA VEG., DAL FRY, RICE, ROTI, SWEET MILK
FRIDAY	POHA, TEA, & HAND MADE NAMKEEN/RATLAMI SEV	CABBAGE & ALOO DRY VEG., DAL FRY, RICE, ROTI, GREEN CHATNI	SAMOSA	PEAS VEG., DAL FRY, RICE, ROTI, SWEET MILK
SATURDAY	PULLAO AND TEA	MATAR PANEER SHAHI PANEER/KADADHI PANEER, RICE, ROTI, SALAD	SWEETS (BASON KA LADDO & GAZAK)	SOYABARI/TOMTOO VEG DAL FRY, RICE, ROTI, SWEET MILK
SUNDAY	POHA, TEA	PEAS/CHHOLE, PURI AND KHEER/SEWAI	FRYMS/MILK CAKE	DAL FRY, RICE, ACHAR/PANIPAD

NOTE: VARIATION IN ABOVE MAY ARISE DUE TO NON AVAILABILITY OF THE ITEMS & DEMANDS OF STUDENTS.

**Food entitlement**

**Food – Rs.-46/- per student per day**  
**Cleaning/washing, Fuel for cooking and casual workers engaged for cooking-Rs.-10.23/- per student per day.**

**Note-Money Sanction as per the present strength of the day**

  
C.A.

  
MESS I/C

  
MESS COMMITTEE

  
PRINCIPAL